

## PRODUCTS ALLOWED FOR PESACH 5779

- a) **THE FOLLOWING FOODSTUFFS DO NOT REQUIRE LABEL "KOSHER LE-PESACH":** fresh fruits and vegetables (except *kitniyot*), eggs, fresh and frozen kosher fish, fresh and frozen kosher meat
- b) **THE FOLLOWING FOODSTUFFS DO NOT REQUIRE LABEL "KOSHER LE-PESACH" IF THEY ARE PURCHASED BEFORE PESACH:** e.g. sugar, pure coffee (without added cereals), pure tea, salt, pepper, natural whole spice (except *kitniyot*), 100% fruit juices (without chemical preservation), frozen vegetables and fruits (not pre-cooked and without *kitniyot*), milk, butter, baking soda, live white yoghurt, still and sparkling water, extra virgin olive oil etc.; for the whole list, see below
- c) **THE FOLLOWING FOODSTUFFS DO REQUIRE LABEL „KOSHER LE-PESACH“, EVEN IF THEY WERE BOUGHT BEFORE PESACH:** all matza pastry (matza, matza meal and flour, farfel and other product containing matza), wine, vinegar, liquer, margarine, dried fruits, flavoured milk and cheeses

## LIST OF KOSHER "ES" ALLOWED FOR PESACH:

- a) **COLOURINGS:** E 100, 102, 104, 107, 110, 122-124, 127-129, 131-133, 142, 151, 154-155, 160b-f, 161, 161b,161d-f, 162, 166, 170-180;
- b) **PRESERVATIVES:** E 200-203, 210-213, 216-233, 236-252, 280-283, 297, 330, 338-344, 355-357, 370, 375, 385;
- c) **EMULSIFIERS AND STABILIZERS:** E 406-407, 413-414, 416-417, 450-452, 461-466, 500-504:
- d) **ANTIOXIDANTS:** E 507-518, 520-521, 523, 525-530, 535-536, 538-541, 544-545, 550-556, 558-559, 900-903, 905-907, 914, 924-927, 938-939, 941-942, 947-948, 952, 954, 957, 959, 966 (dairy!!), 999, 1201-1202.

## LIST OF PRODUCTS KOSHER FOR PESACH 5779

- o Potato starch: Naturamyl, Solamyl
- o Whole spice (cloves, pepper, cinnamon, allspice, bay leaf etc. – only those which are not *kitniyot*)
- o Chia seeds
- o Crystal sugar
- o Black tea without flavour
- o One sort herbal tea without flavour
- o Chocolate: Lindt all kinds with 70% cocoa and more and without lecithin
- o Fresh vegetables and fruits
- o Juices: 100% Apple, Orange etc. (not multivitamine)
- o Instant coffee only with hechsher kosher le-Pesach
- o Pure cocoa without lecithin, e.g. natural cocoa, Dutch cocoa
- o Pure coffee, coffee filters without restriction
- o Chicken, turkey, beef meat from the kosher shop
- o Butter (fresh, without colourings)
- o Honey 100% (in a new, sealed jar)
- o Milk

- Frozen vegetables and fruits (without *kitniyot*) from co. Agrimex Vestec and AGRO Jesenice
- Quinoa/canihua
- Extra virgin olive oil
- Rapeseed oil Lukana (producer: Glencore Agriculture Czech s.r.o.)
- Fresh or frozen fish from Nowaco
- Plum brandy and fruit distillates (over 50% of spirit), which are not mixed with ethanol
- Heavy cream (beware of forbidden "Es")
- White yoghurt
- Sodium bicarbonate (baking soda – not baking powder!)
- Salt
- Cheeses only with label kosher le-pesach
- Canned tuna in brine or in olive oil
- Curd cheese from co. Mlékárna Olešnice: Olešnický tvaroh tvrdý/měkký/jemný/premium
- Curd cheese from Tatra (Mlékárna Hlinsko)
- OLMA – Tradiční pomazánkové natural (natural spread cheese), Sýr GRANDE bílý (spread cheese)
- Salmon smoked with cold fume (beware of forbidden "Es")
- Still and sparkling water without flavour

#### PRODUCTS CONTAINING KITNIYOT ALLOWED FOR PESACH 5779

Rabbinat of JCC Prague allows the following products containing kitniyot. These products are allowed **ONLY** for **SMALL KIDS** and **ILL PEOPLE**:

#### **ALPRO SOYA ORIGINAL**

#### **ALPRO SOYA VANILLA**

**HAMÉ FRUIT BABY FOOD** according to the Kosher List 2019 which doesn't contain any milk components. Starch (škrub) used in the baby food is of corn or rice origin, fructose syrup is of corn origin.

**EXTRUDO** – crispy bread "Crispins BIO kaštanový" (chestnut), "Crispins BIO amarantový" (amaranth), crispy sticks "Crispins tyčka amarantová delicates" (amaranth), "Crispins BIO tyčka kukuřičná" (corn)

**Rabbinat of JCC Prague is wishing you happy and kosher Passover!**

